

Helena Berens

5'5 - 120 - Brown Hair - Brown Eyes- Soprano-Alto

FILM

<u>BABY FEVER</u>	<i>Donna Hartman</i>	Monstrous Femme Films	Hannah Cumming
<u>GOODBYE ROSES</u>	<i>Whitney</i>	Boketto	Adam Floeck
<u>HAVE YOURSELF</u>	<i>Nephew #2</i>	Liberace and Liza: A Tribute	Jason Rouse
<u>A MERRY LITTLE CHRISTMAS</u>			
<u>CRUMMY</u>	<i>Helena</i>	Wonderful People	Liam Krug & Helena Berens
<u>GHOST</u>	<i>Lead Huntsman</i>	Wonderful People	Liam Krug & Helena Berens
<u>HUNTSMAN</u>			

TELEVISION

<u>SHREDS</u>	<i>Mckayla</i>	Antiform Creative	Jess Barr
<u>WE THE PEOPLE</u>	<i>Isis Bradshaw</i>	Standing Room Only	Byron Allen
<u>MILLENNIAL</u>	<i>Crazy Fan</i>	Jinkx Monsoon Patreon	Liam Krug
<u>META TALK</u>			
<u>FUN HOUSE</u>	<i>Mackenzie</i>	Pilot	Helena Berens

COMMERCIAL

<u>INTEL INDUSTRIAL</u>	<i>Coffee Shop Patron</i>	MBT Marketing	Blake Heiss
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THEATER

<u>A DIFFERENT</u>	<i>Stella</i>	Theater Company	Ruth Jenkins
<u>KIND OF GUN SHOW</u>			
<u>THE BLUE ROOM</u>	<i>The Model</i>	The Studio Northwest	Katie O'Grady
<u>A STREETCAR</u>	<i>Blanche Dubois</i>	The Studio Northwest	Katie O'Grady
<u>NAMED DESIRE</u>			
<u>CRIMES OF THE HEART</u>	<i>Sister</i>	The Studio Northwest	Katie O'Grady

EDUCATION

HOWARD FINE ACTING STUDIO

6 Week Acting Intensive September 2022-October 2022

THE GROUNDINGS

Improv Basics May 2022- June 2022

THE STUDIO NORTHWEST

Masters Class, Intimacy Intensive, Adult Ongoing November 2017- February 2020

BRIDGETOWN CONSERVATORY

March 2017- April 2018

YOUNG PROFESSIONAL OREGON CHILDRENS' THEATER

September 2017- June 2019

SPECIAL SKILLS:

Improvisation, Sketch Comedy, Modeling, Accents and Dialects, Driver's License, Writing, Singing, Stage Combat, Yoga, Running, Hiking, Directing, Crying on Command